

**Not feeling well and want to speak with a nurse? Call On Call.**



## Connect with a Nurse via On Call's Nurse Helpline

### WHEN TO USE ON CALL'S NURSE HELPLINE:

- Seeking medical advice
- Non-emergency ailments
- Unsure if you need to go to an emergency room
- Questions regarding care for a minor injury or illness while traveling

### HOW DOES IT WORK?

- Contact On Call by phone and ask to speak with a nurse.
- Describe your symptoms and any medications you've been taking.
- If your symptoms are not serious, the nurse will provide instructions for proper self-care to get you back on your feet as quickly as possible.
- If the nurse thinks you need medical attention, On Call can arrange for a doctor or find a local physician for you.



*If you're experiencing a medical emergency always seek care without delay before contacting On Call.*